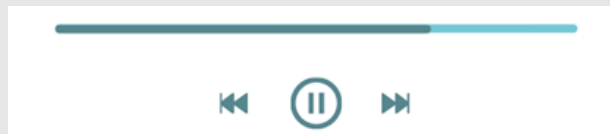




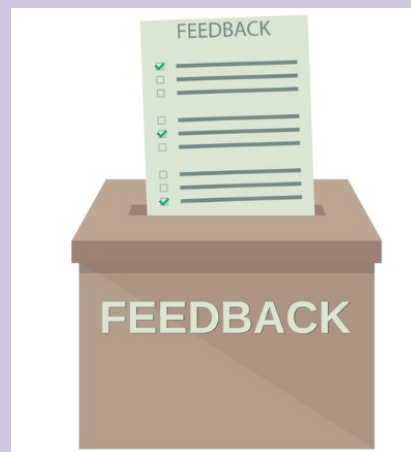
Click [Here](#) to view recording

Medical Assistance in Dying (MAID)

Gwendolyn Cleveland, RN, BScN, MEd, CHPCN(C)
Erin Newman-Waller, RN, BScN, CHPCN(C)



Click [HERE](#) for the online evaluation in order to receive your certificate of attendance.



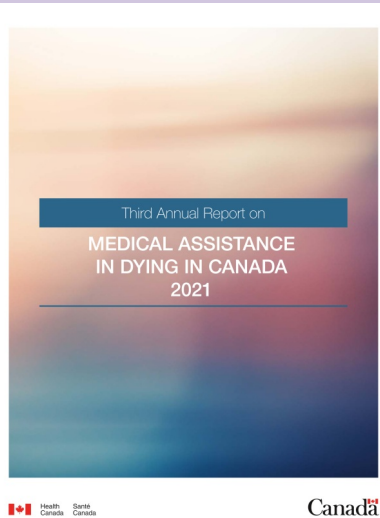
Click [HERE](#) to download the slide deck used in this presentation.



The information provided in this newsletter is for educational purposes only.

Resources

(click on pictures for PDF version)



Medical Assistance in Dying in Canada Annual Report 2021

Center for Effective Practice Resource Tool - Track 1

Center for Effective Practice Resource Tool - Track 2

Medical Assistance in Death (MAiD) A Guide to Support Patients & Families

Thinking about the end of your life and about saying goodbye to those you love, you may feel a deep sense of grief and sadness. You may also feel relieved to have some control over when and how you will die, and in knowing that this plan is in place.

This brochure aims to answer any questions you may have, provide practical information, and ease your concerns on your Medical Assistance in Death (MAiD) journey.

Contents

- Before MAiD
 - How to start for MAiD
 - When someone else is the requestor for the MAiD
 - Preparing for the day of the MAiD
 - Requesting to receive your MAiD
 - Requesting to be present for the MAiD
 - Requesting to be absent for the MAiD
- After MAiD has Occurred
 - Considerations for Family and Friends
 - Considerations for the MAiD Requestor
 - Recovery Information
 - Recovery Support and Support

Thinking about the end of your life and about saying goodbye to those you love, you may feel a deep sense of grief and sadness. You may also feel relieved to have some control over when and how you will die, and in knowing that this plan is in place.

This brochure aims to answer any questions you may have, provide practical information, and ease your concerns on your Medical Assistance in Death (MAiD) journey.

Period of Reflection

Typically there is a 7-day minimum waiting period between your request for MAiD and the day you may receive MAiD. This time is formally referred to as the Period of Reflection and is meant to ensure that you have time to carefully consider your decision.

It may be reassuring to know that even though you have been approved, you may still have questions, fears, and worries to work through. Taking this waiting period to be sure you are ready to receive your MAiD may be one of the best things you can do for yourself.

During this period of reflection, you may want to focus on the people and activities that you enjoy most and consider:

- What did I most want to do (practical tasks, outings, projects, hobbies) before MAiD?
- How would I like to spend this time (alone or with others or a combination)?

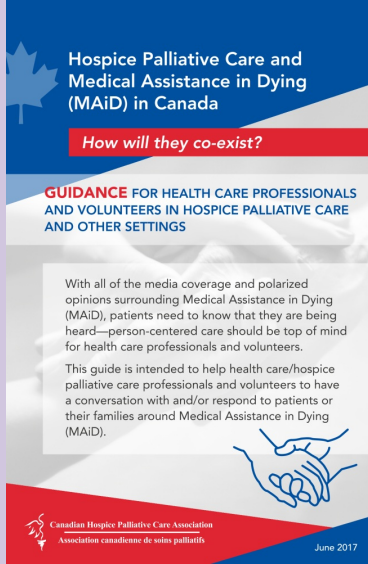
What you should be aware of and what is important for you to do during this time:

- By this time, you have had a formal assessment with one or more physicians or nurse practitioners (NPs), are aware of the options available to you, and have completed the Patient Request Record Form.
- Who should be involved and what is important for me to do during this time?
- What information and resources with your family and friends is a way that works for you, whether written or recorded.
- Do my prepared wishes (directives or communications) talking about bad things will resolve anxiety and contribute to your peace of mind.
- What do I need and want help with, and who can help me?
- These days you may experience anxieties or concerns; talking about bad things will resolve anxiety and contribute to your peace of mind.
- If you have questions or concerns, talk with your family, friends, physician or NP.
- This is naturally a time of reflection but also the time to enjoy yourself!

As an exception may be made to the reflection period if both your first and second medical care practitioners agree that:

- you do not have an approaching or
- you might soon have surgery to provide informed consent.
- your grief and distress is a "lasting, good outcome from an impending loss."

MAiD Bereavement Resource for Caregivers and Families



Canadian Hospice Palliative Care Association MAID Resource Booklet for Health Care Professionals

Central East Palliative Pain and Symptom Management Consultants

For consultation support or education requests:

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Palliative Pain & Symptom Management Consultant
Durham Region

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Gwen Cleveland, RN, BScN, MEd, CHPCN(C)
Palliative Pain & Symptom Management Consultant
Scarborough

February Educational Opportunities:

Topic: Malignant Pain Management

Lunch and Learn

- Wednesday, February 8/2023
- 12-1pm

Lunch & Learn
Registration

Coffee and Palliative Care

- Thursday, February 9/2023
- 3-4pm

Coffee & Care
Registration

Durham Region PPSMC
Educational Hub

PDF Version of
Newsletter

Central East Palliative Care Educational Opportunities

- Fundamentals in Hospice Palliative Care
- Enhanced Fundamentals in Hospice Palliative Care
- Advanced Palliative Practice Skills (APPS)
- Comprehensive Advanced Palliative Care Education

Click Photo's for PDF Version



FUNDAMENTALS OF HOSPICE PALLIATIVE CARE

Fundamentals of Hospice Palliative Care (FHPC)

This training will allow caregivers to become comfortable discussing death and dying and bring awareness to the issues that palliative clients and their families face.

This course is open to all designations, and is a prerequisite for the Enhanced Fundamentals of Hospice Palliative Care (EFHPC) and Comprehensive Advanced Palliative Care Education (CAPCE) training programs offered through VON Durham Hospice Services.

Registration Link: <https://www.surveymonkey.com/vr/XCQNT9J>

Thursdays, 6 Weeks
February 2, 9, 16, 23 & March 2, 9 2023
5:30pm-8:30pm
Online via Zoom Cost: \$50

Developed by the Ontario Southwest Regional Palliative Pain & Symptom Management Consultation Program St. Joseph's Health Care London

For information about Palliative Education offered by SCHC, go to

<https://schcontario.ca/programs/health-services/palliative-education/>

Partnering for Palliative Education **Advanced Palliative Practice Skills (APPS)**

About APPS
 Building upon the Fundamentals of Hospice Palliative Care Program, this eight-week APPS course focuses on the PSWs scope of practice as it relates to the foundational concepts of Hospice Palliative Care. Participants will learn skills to enhance communication with the person, family, and team members, develop skills required for effective team functioning and self-care, and learn strategies for relieving common end-of-life symptoms.

Intended Audience
 APPS is designed for PSWs & Health Care Aides who have an interest in enhancing their knowledge and skills related to palliative and end-of-life care.

Course Details
 Self-Directed Learning Activities - All course work / materials are online; learners are required to use a computer, tablet, or smart phone to participate. See detailed Technology Requirements
 Classroom Sessions are scheduled three weeks apart to allow time for online, self-directed readings/activities and applying learning to daily practice. There are two Classroom Session Options.

Virtual Learners connect via a link to the Virtual Classroom. A virtual classroom session is NOT a webinar. Learners must use a device with a microphone & camera to allow two-way communication between facilitators and peers.

In-Person Learners attend the course in person.

Available Courses
 Between the Course Start Date and the first Classroom Session (CS), learners are expected to log into the learning platform to complete course readings and activities - see APPS Course Activity Outline

APPS Courses	Course Start Date	CS 1 Start Date	CS 2 Start Date	CS 3 Start Date
Virtual Classroom Session	February 21, 2023	March 7, 2023	March 28, 2023	April 18, 2023
		Time: 6-9	Time: 6-9	Time: 6-9

For more information, contact: Erin Newman-Waller at enewmanwaller@hospicepeterborough.org or 705-742-4042 x344

Visit: <http://www.hospicepeterborough.org/registration/> to register

FUNDAMENTALS 2023

Fundamentals Core education is a certificate program for ALL health care providers and volunteers who wish to enhance knowledge and develop capacity related to hospice palliative care.

Fundamentals ENHANCED education is intended for Nurse Practitioners (NPs), Registered Nurses (RNs), and Registered Practical Nurses (RPNs) with an interest in developing his/her capacity related to hospice palliative care in a clinical setting. NPs, RNs, and RPNs must take the core Fundamentals program prior to taking the Enhanced Fundamentals program. Both the Fundamentals CORE and ENHANCED sessions are a prerequisite for the CAPCE program.

Fundamentals eligibility:
 -Health care provider or volunteer caring for people with a progressive, life-limiting illness
 -Access to an internet-enabled computer
 -Knowledge of basic computer programs

Included in the core curriculum:
 • An 11 chapter program guide
 • 8 e-learning modules
 • 2 peer-to-peer exchanges (learning debriefs)
 • 1 reflective activity
 • 3 group learning sessions*
 • 1 (one) additional online group learning session for the ENHANCED program that is mandatory for all RPNs, RNs, NPs wishing to go on to take CAPCE in the future.
 *Learning may be conducted in-person, virtual or a blended delivery depending on COVID guidelines and/or restrictions

Winter session
 January 12, February 2, February 16, **Enhanced** March 2 from 6-9pm

Spring sessions
 Session 1: April 20, May 11, May 25, **Enhanced** June 8 from 6-9pm
 Session 2: April 25, May 16, May 30, **Enhanced** June 13 from 9am-12pm

Fall sessions
 Session 1: September 14, October 5, October 19, **Enhanced** November 2 from 6-9pm
 Session 2: September 19, October 10, October 24, **Enhanced** November 7 from 9-12pm

Registration now open for all sessions at <http://www.hospicepeterborough.org/registration/>

For more information please contact
 Erin Newman-Waller at 705-868-8126 or
 email: enewmanwaller@hospicepeterborough.org



Comprehensive Advanced Palliative Care Education (CAPCE)

The CAPCE program combines the 'art' and 'science' of Hospice Palliative Care for nurses. The program embeds best practice standards and aligns with the Model to Guide Hospice Palliative Care. CAPCE focuses on the development and role of the nurse as a hospice palliative care resource for the interdisciplinary team in long-term care homes, agencies, hospitals and communities.

Registration Link: <https://www.surveymonkey.com/r/GSLW979>

Case Based Dates:

Tuesdays
May 2, June 6 & August 1, 2023

Coaching Dates:

Tuesdays
May 9, 16, June 13, 20, July 4, 18, Aug 8, 15, & 22, 2023

For more information, please call:

905-240-4522

Developed by the Ontario Southwest Regional Palliative Pain & Symptom Management Consultation Program, St. Joseph's Health Care London

COMPREHENSIVE ADVANCED PALLIATIVE CARE EDUCATION



Please help VON Durham Hospice Services support our Palliative Community.

We offer:

- Hospice Volunteer supports
- Patient & Caregiver support groups
- Care Navigation
- Supportive Care Counselling
- Grief & Bereavement support
- Community Education

Visit our Website | vondurham.org

VON Durham Referral Form



Hospice Peterborough offers:

- Hospice Volunteer supports
- Patient & Caregiver support groups
- Nurse Navigation
- Supportive Care Counselling
- Grief & Bereavement support
- Community Education
- [Hospice Residence](#)



hospicepeterborough.org

Referral Form



SCHC provides comprehensive, focused health programs and services to improve the holistic overall health and well-being for our community.

Through the operation of 42 distinct and integrated services across 10 sites that work together to improve the health of the Scarborough community, SCHC provides medical assistance through clinics, has a growing youth program, and offers many social support programs, including a food bank.

Go to [https://https://schcontario.ca/](https://schcontario.ca/) to learn more about SCHC.

exemplary end-of-life care. If you are interested in a tour or making a referral, please visit their website for more information.

Visit their Website | Oak Ridges
Hospice



. | ., ., . Canada

[Unsubscribe brenda.derdaele@von.ca](mailto:brenda.derdaele@von.ca)

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